

SONGLINES OF PRAISE

for the 30th anniversary Terry Fox Run- scored by Nick Fairbank and sung by VIVA children's Choir

When his run began on
a Newfoundland beach,
his missing foot knew;
it shivered in the sea.

(chorus)

Running on hope from sea to sea
for reasons only the heart can read.

There is a deep language-
all silent commands,
songs without words that
the soul understands.

When the marathon
runner ran out of breath,
his body remembered
to take one more step.

He ignored the signs
on the highway home,
just followed the map
he felt in his bones.

He stopped to shake hands
in all neighbourhoods,
speaking the language
the heart understood.

Halfway through the run
he finished his race,
but his journey goes on
in songlines of praise