



**Seniors Task Force Meeting Notes**  
**October 6, 2020**  
**Via Zoom**

1. Councillor Isitt welcomed everyone to the meeting and provided the land acknowledgement
2. The Task Force completed Topic Area 8 (Community Support & Health Services) to set top priorities and reframe recommendations to ensure they are pertinent to seniors issues
3. Next steps
  - a. Councillors Isitt and Young to draft Council report by October 19
  - b. Kimberley will forward draft report and final recommendations documents to Task Force for review and comments
  - c. Task Force will review both documents and make any final content edits at next meeting

**Next meeting is Tuesday, October 27<sup>th</sup> (NOTE NEW DATE) starting at 2pm – 3:30**

See page 2 of these notes for edited Topic 8 – Community Support & Health Services

<b>Community Support &amp; Health Services</b>		
<i>Do older persons have access to social and health services they need to stay healthy and independent?</i>	<b>1. Establish a collaborative committee with Island Health to look at new initiatives, and share ideas, existing programs and concerns</b>	City
	● Create a Lunch 'n Learn program on social determinants of health	City / Partner
	● Share existing and new initiatives amongst different levels and areas of government, and external agencies serving seniors	City / Partner
	<b>2. Food security</b>	City / Partner
	● Review food security measures and programs to ensure seniors have access to healthy affordable food including access to stores, delivery services and other reliable food sources	City / Partner
	● Add more community gardens with accessible beds	City / Partner
	<b>3. Share recommendations from Task Force public engagement with Island Health for improved access to health and homecare services</b>	City / Partner
	● Pursue partnerships for awareness of advanced care directives and other end-of-life preparation (e.g. wills)	Partner
	● Create incentives to attract and retain physicians and nurse practitioners to Victoria	Advocacy
	● Reduce financial barriers for dental care, pharmaceuticals, mobility, visual and hearing aids and complementary health providers (i.e. naturopath, physiotherapy, acupuncture etc.)	Advocacy
	● Consider introducing homecare visits, mobile clinics and a seniors-only block of time at walk-in clinics	Advocacy
	● Provide safe sex brochures and facilitate workshops on healthy relationships in the seniors years	Advocacy
	<b>Other recommendations</b>	Advocacy
	● Increase access to recreation services by seniors including reviewing Life Pass criteria	City
	● Create a safe place for seniors who are being abused	Advocacy
	● Improve access and create more long-term care facilities for lower- and middle-income seniors, including options for improving affordability through the rezoning process	City / Advocacy
● Acknowledge additional vulnerability and ensure support services are available to LGBTQ2S+ seniors	Advocacy	