



Enjoy the Holidays at the Crystal Pool and Fitness Centre

Date: Friday, December 4, 2009

For Immediate Release

VICTORIA, BC — There's much fun to be had with friends and family this holiday season at the Crystal Pool and Fitness Centre. Victoria residents can wear off those extra calories by attending one of many drop-in aquafit and studio fitness classes or by participating in a public swim or skate.

Christmas at Crystal Pool

The community is invited to celebrate the season with free coffee and treats on Friday, December 11, 2009 from 10 a.m. – noon in the lobby at Crystal Pool.

Christmas Fun Swims

Christmas Fun Swims, complete with games and prizes, will be held at Crystal Pool from 1 p.m. – 3 p.m. on the following dates: December 21 - 24 and 28 – 31. Regular admission rates will apply.

Christmas Fun Skates

Everyone is welcome at the Christmas Fun Skates available at the Save-On-Foods Memorial Centre on Monday, December 28 and Tuesday, December 29 from 1 p.m. – 2:30 p.m. Regular admission rates will apply.

Crystal Pool and Fitness Centre Holiday Hours

The Crystal Pool and Fitness Centre will be following these holiday hours:

Thursday, December 24 – Closed at 2 p.m. (Last admission at 1:30 p.m.)

Friday, December 25 and Saturday, December 26 – Closed

Sunday, December 27 – 8:30 a.m. to 6 p.m.

Monday, December 28 to Wednesday, December 30 - 5:30 a.m. to 11 p.m.

Thursday, December 31 – 5:30 a.m. to 4 p.m. (Last admission at 3:30 p.m.)

Friday, January 1, 2010 – Closed

Saturday, January 2 – 6 a.m. – 6 p.m.

Sunday, January 3 – 8:30 a.m. – 6 p.m.

Hours of operation will return to normal on Monday, January 4, 2010. For more information, visit: www.victoria.ca and click on *What's New?* The City of Victoria staff wishes everyone a happy, healthy holiday season.

— 30 —

For More Information

Sandy Clarke,
Manager Programs and Services
Crystal Pool and Fitness Centre
250.361.0707

For program registration, contact 250.361.0732