



## Enjoy the Holidays at the Crystal Pool and Fitness Centre

Date: Wednesday, December 8, 2010

For Immediate Release

VICTORIA, BC — There's much fun to be had with friends and family this holiday season at the Crystal Pool and Fitness Centre. Wear off those extra calories by attending one of many drop-in aquafit and studio fitness classes or by participating in a public swim or skate.

### **Christmas at Crystal Pool**

The community is invited to celebrate the season with free coffee and treats on Friday, December 10, 2010 from 10 a.m. – noon in the lobby at Crystal Pool. Please bring a non-perishable food donation for the Mustard Seed Food Bank.

### **Christmas Fun Swims**

Join us for a Christmas Fun Swim, complete with games and prizes, December 20, 2010 to January 2, 2011 from 1 p.m. – 4 p.m. at Crystal Pool. Regular admission rates will apply. A free Christmas Fun Swim will be held on Friday, December 24, 2010 from 1 p.m. – 2 p.m.

### **Skate with Santa**

Bring the family for a free Skate with Santa on Sunday, December 19, 2010 from 2:30 p.m. – 4 p.m. at the Save-On-Foods Memorial Centre. 300 passes are available. Call 250.361.0732 for more information.

### **Crystal Pool and Fitness Centre Holiday Hours**

The Crystal Pool and Fitness Centre will be following these holiday hours:

Friday, December 24 – Closed to the public at 2 p.m. (Last admission at 1:30 p.m.)

Saturday, December 25 and Sunday, December 26 – Closed

Monday, December 27 to Thursday, December 30 – 5:30 a.m. to 11 p.m.

Friday, December 31 – 5:30 a.m. to 4 p.m. (Last admission at 3:30 p.m.)

Saturday, January 1, 2011 – Closed

Sunday, January 2 – 8:30 a.m. – 6 p.m.

Monday, January 3 – 5:30 a.m. – 11 p.m.

Hours of operation will return to normal on Tuesday, January 4, 2011. For a holiday event schedule, visit: [www.victoria.ca](http://www.victoria.ca) and click on *What's New?* The City of Victoria staff wishes everyone a happy, healthy holiday season.

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### **For More Information**

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Crystal Pool and Fitness Centre  
250.361.0707

For program registration, contact 250.361.0732