VICTORIA, BC — It is time for the 3rd Annual GREAT CANADIAN FOOD FIGHT! This year, food banks in Victoria, Regina, and Halifax are engaged in a challenge to see who can collect the most food in a 48 hour period. The donated food will be weighed and the city collecting the most food will be the “winner”.

In Greater Victoria the Mustard Seed Food Bank assists 7,200 people each month – about 1,700 of them are children under the age of 12 and more than 1,000 are seniors on fixed incomes. Let’s do all we can to support the great work of the Mustard Seed!

Launch Event:
What: Great Canadian Food Fight
When: Thursday, October 13, 2011, 2 p.m.
Where: Victoria City Hall Foyer

Mayor Dean Fortin and Brent Palmer from the Mustard Seed Food Bank will say a few words to kick off the Food Fight.

Donation Details:
The challenge kicks off at 6 p.m. on Thursday, October 13 and ends at 6 p.m. on Saturday, October 15. Bring your non-perishable food items to:

- Large warehouse at Ogden Point Pier A - 189 Dallas Road
  From 6 p.m. on Thursday for 48 hours through until 6 p.m. on Saturday.

- The following Fire Halls on Thursday, October 13 (6 p.m. – 9 p.m.),
  Friday, October 14 (8 a.m. – 9 p.m.) and Saturday, October 15 (8 a.m. – 6 p.m.)
  Victoria - 1234 Yates Street
  Saanich - 760 Vernon Avenue; 1900 McKenzie Ave; 4596 Elk Lake Drive
  Oak Bay - 1703 Monterey Avenue
  Esquimalt - 500 Park Place

- Victoria City Hall foyer - 1 Centennial Square (8 a.m. - 4:30 p.m.)

For more information visit: [http://mustardseed.ca/givesupport/foodbank/events/](http://mustardseed.ca/givesupport/foodbank/events/)

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