



Get Ready to *ShakeOut* Victoria!

Date: Wednesday, September 21, 2016

For Immediate Release

VICTORIA, BC – Get ready to *ShakeOut* Victoria! On Thursday, October 20, 2016 at 10:20 a.m. join thousands of British Columbians as they *Drop, Cover, and Hold On!* for at least 60 seconds in the *Great British Columbia ShakeOut* (or *ShakeOut BC*) province-wide earthquake drill. *ShakeOut BC* is the largest earthquake drill in Canadian history.

The City of Victoria is proud to be participating in the drill and encourages Victoria households, schools, businesses, organizations, and media to sign up online to participate at: www.ShakeOutBC.ca

Victoria has a one in three probability of a damaging earthquake in the next 50 years. It's not a matter of "if" a damaging earthquake will happen, but "when". *Drop, Cover, and Hold On!* is the most appropriate action to reduce injury and death during an earthquake. The drill is an opportunity to practise how to protect ourselves during an earthquake and to increase awareness on the need for personal preparedness.

Drop, Cover and Hold On! means:

- **DROP** to the floor (before the earthquake drops you)
- Take **COVER** under a desk or sturdy piece of furniture and protect your head and torso, and
- **HOLD ON** to the piece of furniture until the shaking stops

Emergency Management Victoria is offering free emergency preparedness workshops this fall. It also has a range of helpful information including the *Recipe for Disaster* series on what families and businesses need to have on hand to cope up to seven days without outside assistance. For more information, visit: www.PrepareVictoria.ca

The annual *ShakeOutBC* earthquake drill is aligned with California's annual *ShakeOut*, which takes place the third Thursday of October each year. More than 770,000 British Columbians participated in last year's *ShakeOut*. This year's goal is one million.

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For More Information:

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