



Help Shape Our Seniors Action Plan

Date: Wednesday, January 29, 2020

For Immediate Release

VICTORIA, BC — Draft recommendations for the City's Seniors Action Plan are now ready for feedback. Public input will help the Seniors Task Force better understand the opportunities and barriers to making Victoria more healthy and age-friendly for seniors.

There are many ways to get involved and have your say:

Town Hall @ City Hall

Help Shape Our Seniors Action Plan

Tuesday, February 4

2 p.m. – 3 p.m. (Open House), 3 p.m. – 5 p.m. (Town Hall)

Victoria City Hall

Seniors is the focus of our upcoming Town Hall @ City Hall on Tuesday, February 4. Learn more and provide input on the draft recommendations for the Seniors Action Plan and take the opportunity to address City Council on issues that are important to seniors. Registration is not required and childminding will be available. The Town Hall will be webcast and there are many ways to participate. Learn more at victoria.ca/townhall.

Open Houses

In addition to the Town Hall, two upcoming open houses will give the community the opportunity to learn more about the Seniors Action Plan draft recommendations, speak with members of the Seniors Task Force and provide input. Registration is not required. For more information, visit: victoria.ca/seniors.

Friday, January 31, 10 a.m. – noon

Victoria Silver Threads, 2340 Richmond Street

Friday, February 7, 2 p.m. – 4 p.m.

Cook Street Village Activity Centre, 380 Cook Street

Online / Email Feedback

Read the draft recommendations for the Seniors Action Plan and share feedback with the Seniors Task Force by emailing engage@victoria.ca with "Seniors Action Plan" in the subject line by **Sunday, February 9, 2020**. Visit engage.victoria.ca to have your say.

The Seniors Task Force was formed last fall and is comprised of 19 community-minded individuals. It is co-chaired by Victoria City Councillors Ben Isitt and Geoff Young.

Task Force members are focusing on the question: “How can the City of Victoria promote healthy seniors and positive aging?” This focus is guided by eight topic areas identified by the World Health Organization:

1. Outdoor Spaces and Buildings
2. Transportation
3. Housing
4. Respect and Social Inclusion
5. Social Participation
6. Communication and Information
7. Civic Participation and Employment
8. Community Support and Health Services

All feedback collected will help inform the Seniors Action Plan recommendations that will be presented to City Council for consideration this spring.

“Create a Seniors Task Force and develop a Seniors Strategy” is part of the City’s *2019 - 2022 Strategic Plan* under the objective Health, Well-Being and a Welcoming City.

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For More Information:

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