



Sign Up to *ShakeOut* Victoria on Thursday, October 15

Date: Thursday, October 8, 2020

For Immediate Release

VICTORIA, BC – Get ready to *ShakeOut*, Victoria! On Thursday, October 15 at 10:15 a.m., people across the province will *Drop, Cover, and Hold On!* for two minutes in the *Great British Columbia ShakeOut* (*ShakeOutBC*) province-wide earthquake drill.

The City of Victoria encourages Victoria households, schools, businesses, organizations and media to sign up online to participate at: ShakeOutBC.ca

Victoria has a one-in-three probability of a damaging earthquake in the next 50 years – and we need to be prepared.

Drop, Cover, and Hold On! is the best thing you can do to reduce injury and death during an earthquake. The drill is an opportunity to practice how to protect yourself during an earthquake and to increase awareness on the need to know your risks, make a plan, get your kit together and get connected.

Drop, Cover, and Hold On! means:

- **DROP** to the floor (before the earthquake drops you),
- Take **COVER** under a desk or sturdy piece of furniture and protect your head and torso, and
- **HOLD ON** to the piece of furniture until the shaking stops (once the shaking stops count out loud to 60 before you get up to allow things to settle)

Use this time to find safe spaces where you live, work, and play and practice what to do when an earthquake occurs. This is also a great reminder to talk to your family and neighbours about your emergency plan and check for expired items in your emergency kit.

For more information, visit: VictoriaReady.ca

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For More Information:

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