

Wednesday, July 27, 2022 | For Immediate Release

City of Victoria Opens Cooling Centres in Response to Heat Warning

VICTORIA, BC — The City of Victoria has opened three public cooling centres in response to the Heat Warning issued by Environment Canada.

Daytime highs are forecast to reach 31 degrees Celsius with overnight lows of 15 degrees for the next few days in Greater Victoria.

The City will operate air-conditioned cooling centres beginning today at the following locations:

- Save-On-Foods Memorial Centre, located at 1925 Blanshard Street, noon – 9 p.m. Wednesday to Friday
- Salvation Army ARC, located at 525 Johnson Street, 1 – 9 p.m. Wednesday to Friday
- Cook Street Village Activity Centre, located at 380 Cook Street, noon – 9 p.m. Wednesday to Saturday

Check victoria.ca and follow the City's social media channels for updates on community heat resources.

COVID-19 protocols will be in place at cooling centres, with masks remaining optional. Masks, hand sanitizer, water and light snacks will be available upon check-in. Well behaved dogs are allowed at the Cook Street Activity Centre cooling centre and water, shade and misters for pets will be set up outside the Save-On-Foods Memorial Centre cooling centre.

The City has set up 12 temporary misting stations at locations around the city. More than 40 public drinking fountains are located across the city, to locate the one nearest you, visit [Drinking Fountains in Victoria \(arcgis.com\)](https://victoria.ca/arcgis.com) and to find the location of misting stations, check out [Misting Stations \(arcgis.com\)](https://victoria.ca/arcgis.com).

Follow these tips to stay cool and reduce the impacts of heat:

- Close your windows and blinds during the day
- Avoid using large appliances, like the oven
- Drink lots of water
- Wear sunscreen if you are outside
- Go to someone's house to cool down or sleep if your home is too hot
- Walk pets in the shade to avoid hot pavement.

Please take time to check in with family, friends and neighbours who are vulnerable, especially in the evening when it is hotter indoors than outdoors.

For more information on steps you can take to beat the heat and the signs and symptoms of heat-related illness, visit victoria.ca/ExtremeHeat.

For More Information:

Bill Eisenhauer
Head of Engagement, City of Victoria
250.858.1061 | beisenhauer@victoria.ca