Road Trips and Rambles
Guided bus trips for adults 55+ years. All trips leave from Crystal Pool and Fitness Centre.

Saltwest Farm Tour and West Coast Grill
This salt farm, situated in beautiful Otter Point, features sea salts all produced by hand. Dinner after the tour will be at the West Coast Grill overlooking Sooke Harbour. Transportation and tour included, meal extra.
52101  Th  Sep 8  1:30 p.m.–8:30 p.m.  $35

Michell’s Farm Stop and Walk along Island View Beach
Enjoy a walk along Island View Beach – an expansive sandy beach with excellent bird watching – and then stop for some veggie shopping at Michell’s Farm Market. Pack a snack to enjoy.
52102  T  Sep 13  10:30 a.m.–2:30 p.m.  $20

BC Forest Discovery Centre (Duncan)
The BC Forest Discovery Centre collects and preserves artifacts relevant to coastal forestry as well as educate folks about the life, work and environment in forest communities of coastal BC. Ride the train and step into the past and experience life as a logger in a 1930’s logging camp. Transportation, tour and picnic lunch included.
52103  Th  Sep 22  9:30 a.m. – 4 p.m.  $55

Chemainus Theatre – A Lovely Sunday for Creve Coeur
Enjoy the rich symbolism, bittersweet story of redemption, and sharp witty dialogue of this singular Williams play. Set in the mid-1930s, the play is about the lives of four striking women drawn together in a St. Louis apartment building. Sharing a need to find their identity and sense of belonging, they must first sort through delusions of love, realities of single womanhood, and the power of compassion. Transportation, gratuities, tickets and buffet lunch included.
52104  S  Sep 24  10 a.m.–6 p.m.  $120

Rocky Point Bird Observatory and Lunch at My Chosen Café
Learn about long-term ecological monitoring of migratory birds by attending this banding demonstration, going on a bird walk, and studying biological specimens. Yes, you’ll have to get up with the birds! Lunch follows. Transportation and donation included, meal extra.
52105  T  Sep 27  7:45 a.m.–2:30 p.m.  $40

Saanich Inlet Eco Cruise and Lunch at Brentwood Bay Pub
Join Brian at Eco Cruise for a tour of the peaceful waters of Saanich Inlet. After the naturalist boat tour we will head to Brentwood Bay Pub for lunch. Transportation and boat cruise included, meal extra.
52107  M  Oct 24  9:45 a.m.–3:30 p.m.  $68

Saturna Island Overnight
We’ll stay at the Saturna Lodge - a character-filled property offering comfortable accommodations. It is a wonderful place to shed the stress of hectic urban lifestyles, whether by simple relaxation in the garden, on their lovely view deck or resting in the lulling swing. Tour includes a hike on Mt. Walburton, a visit to East Point Park and Lighthouse Tour and artist studio visits. Transportation, ferry and double accommodations included. Meals are extra. Please enquire about single room accommodation.
52106  T–W  Oct 4–5  8 a.m.–7:30 p.m.  $195

Chemainus Theatre – Hilda’s Yard
How unbreakable are the ties that bind a family together? It’s 1956, and happy empty-nesters Sam and Hilda are finally enjoying life on their own. But their peaceful home turns chaotic when their unemployed son and newly-single daughter return for an unexpected stay. Can these traditional parents and far-out children bridge the generational divide? Join us for this live theatre performance. Transportation, gratuities, tickets and buffet lunch included.
52108  S  Oct 29  10 a.m.–6 p.m.  $120

*Please note: Chemainus Theatre dates for 2017 will be announced when confirmed by the Theatre.

TO REGISTER:
Crystal Pool and Fitness Centre
Online: victoria.ca/recreation
Phone: 250.361.0732
2275 QUADRA STREET, VICTORIA, BC V8T 4C4  victoria.ca/recreation
BC Aviation Museum and Lunch at Mary’s
We’ll start with lunch at Mary’s Bleue Moon restaurant, which opened in 1939 as a coffee bar to serve the many airport personnel, locals and wartime pilots, and has since grown and accumulated an amazing collection of local and international aviation memorabilia. After lunch we’ll head over to the BC Aviation Museum. This museum is dedicated to preserving aircraft and artifacts with an emphasis on BC aviation history. Transportation and tour included, meal extra.
52109  T  Nov 1  11 a.m.–4 p.m.  $25

Shaw Ocean Discovery Centre and Lunch at Sabhai Thai
After lunch at Sabhai Thai, we’ll head over for an educational tour and see some of the 3,500 animals at the aquarium as well as many works of Coast Salish art and a marine mammal exhibit including a rare orca skeleton. Transportation and tour included, meal extra.
52110  Th  Nov 17  11:30 a.m.–5 p.m. $35

Chemainus Theatre – A Christmas Story
It’s a familiar yuletide tale: the all-consuming wish for one special gift. For 9-year-old Ralphie, that coveted present is an Official Red Ryder carmine-action BB gun. Join us for this live performance as we follow the bespectacled tyke’s quest in this tale of decoder pins, furnace explosions, and more festive adventures. Transportation, gratuities, tickets and buffet lunch included.
52111  S  Nov 26  10 a.m.–6 p.m.  $120

Songhees Wellness Centre and Lunch
Visit the Songhees Wellness Centre, a LEED Silver building with a passive solar design that allows the winter sun to warm all of the offices. Learn about the Songhees culture and visit the Anjasten Gift Gallery, a purpose built gallery complete with state of the art lighting and humidity control designed to host artifacts on loan from various museums and archives from around the world. Lunch location to be determined. Transportation and tour included, meal extra.
52112  Th  Dec 1  10 a.m.–3:30 p.m.  $30

Westin Bear Mountain Lunch
Let’s get spoiled again at the West Bear Mountain lounge restaurant. Wonderful menu, fabulous view and great socializing. Transportation included, meal extra.
52113  Th  Dec 15  10:30 a.m.–3:30 p.m.  $20

Wentworth Villa Tour and Dinner at Padella
Learn about the process and procedures that the restoration of the villa went through. This villa is one of the oldest and most valued residential houses in Victoria and was built in the spring and summer of 1863. Transportation and tour included, meal extra.
52114  Th  Jan 12  2:15 p.m.–6:45 p.m.  $30

Lunch – Nourish Restaurant
Join us as we lunch at one of “Canada’s 100 best restaurants”. The menu is unique, creative and nutritious. Before lunch in the private dining room we will enjoy a talk with the owner about what makes Nourish unique and hear where her passion for sharing good food came from. Transportation included, meal extra. One flight of stairs.
52115  T  Jan 24  10:30 a.m.–3:30 p.m.  $20

Vancouver Island Brewery Tour and Lunch at Canoe Brewpub
Learn about the brewing process as we take you for a behind-the-scenes look at the brewery, followed by a sampling session in the taproom. There are stairs involved. After the tour, we’ll head to Canoe Brewpub for lunch. Transportation and tour included, meal extra.
52116  Th  Feb 9  11 a.m.–3 p.m.  $25/$20 no tasting

UBC – Museum of Anthropology
Travel to the MOA in Vancouver and enjoy a tour that includes an introduction to the Museum’s Northwest Coast collections, the Koerner European Ceramics collection, and the Multiversity Gallery, as well as an in-depth look at Bill Reid’s The Raven and the First Men. Transportation and tour included, meals extra.
52117  T  Feb 21  9:30 a.m.–8 p.m.  $125 BC Senior/$142 adult

Shawnigan Lake Museum and lunch at Unsworth Vineyard
If you are interested in the history and development of Shawnigan Lake the museum offers an intimate look at its interesting and surprising past. You can see an elaborate light fixture that once hung in the lobby of the Strathcona Hotel (c. 1900); hear the unique sound of a gramophone; tap out a message on the telegraph keys; and enjoy the ambience of an old-time theatre while watching slideshows. The displays, which strive to highlight the social, industrial and recreational aspects of the area, continue to evolve and change. Transportation and tour included, meal extra.
52118  Th  Mar 9  9 a.m.–4 p.m.  $35